

ENERGY POWER BANDING

Every object whether living or inanimate is surrounded by its own energy field. Naturally-occurring gemstones and crystals hold energetic influences. When you are within a three foot range of a gemstone or crystal, you're within its field-of-energy influence.

Energy Muse jewelry pieces are designed with gemstone combinations that have a specific energy focus (to aid you in Achieving Wealth, Finding Love, Enhancing Performance and Improving Health). When you wear Energy Muse jewelry and combine the energy of the gemstones with your thoughts and your own energy, a powerful union is created to help you achieve what you desire.

We have great new information to share with you regarding a practice called "Energy Power Banding" to increase and enhance your field of energy and help you achieve what you desire more easily.

The Left and Right Sides of Your Body and How They React to and Process Energy:

Have you ever thought about where gems should be worn on your body to receive the most energetic benefit and results? The entire left side of your body is your most sensitive side and deals with your internal self. It receives energy from outside your body and helps you make positive "shifts" that best benefit you internally. When you wear certain gemstones on your left wrist you can consciously control and modify stresses from your outside environment. Your left side is all about the change you want to make inside.

In contrast, your right side is your "doer" or "action" side. When you wear gems on your right wrist, the gemstones aid in your productivity and control the energy you put into your outside environment. Your right side is more about how you take action in the world outside.

To get the best energetic benefit from your gemstone jewelry you simply need to find the correct balance between your left and right sides (similar to the ancient Chinese concept of yin and yang energy - light vs. dark, slow vs. fast, soft vs. hard, internal vs. external, etc.). You can do this by wearing gemstone bracelets on your left and right wrists in specific combinations to help you better achieve what you desire. We recommend that you wear a combination of at least 2 bracelets on each wrist when working with this "Energy Power Banding" concept.



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WEALTH & ABUNDANCE



The following are the very best Energy Power Banding combinations for you to wear to attain **Abundance and Wealth**:

Women:

on your Left Wrist, wear **Luck & Protection**
on your Right Wrist, wear **Prosperity & Voice**

Men:

on your Left Wrist, wear **Luck & Protection**
on your Right Wrist, wear **Prosperity & Performance**

PERFORMANCE & ACHIEVEMENT

The following are the very best Energy Power Banding combinations for you to wear to attain **Performance & Achievement**:

Women/Men

on your Left Wrist, wear **Performance & Life Force**
on your Right Wrist, wear **Strength & Fire**



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LOVE

The following are the very best Energy Power Banding combinations for you to wear to attain **Love**:

Women:
on your Left Wrist, wear **Destiny & Love**
on your Right Wrist, wear **4th Chakra & Aphrodite**

Men:
on your Left Wrist, wear **Luck & The Present**
on your Right Wrist, wear **Empowerment & Attraction**



HEALTH & WELLNESS



The following are the very best Energy Power Banding combinations for you to wear to attain **Health and Wellness**:

Women:
on your Left Wrist, wear **Health & 5th Chakra**
on your Right Wrist, wear **Manifestation & Grounding (4mm)**

Men:
on your Left Wrist, wear **Health & The Sun**
on your Right Wrist, wear **Manifestation & Grounding**



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